

WORKING WITH DRAGON GUARDIANS



*Sekhmet
Healing*

Skills developed:

- Invites protective dragons into the environment
- Provides protection for working with all spirits
- Helps you connect to the Faerie Realm
- Learn more about herbs

Although feared in western society, dragons are powerful and protective energies found in the universe. In the East, they control the climate, both in the sense of the weather and the climate of our lives. Many tales and myths exist about their protective energies and abilities. They travel in worlds freely. Because of this they are especially helpful and protective when working with the spirit realm.

There is an herb, which is particularly inviting to dragons. It is basil. It draws the basilisk form of dragon to you and into your environment. The basilisk is a powerful dragon, very serpentlike. It breaths fire and has deadly venom. It can kill with a look from its eyes.

The basilisk has great magical abilities. Its skin repels snakes and spiders. Through the basilisk dragon we can learn to read the true souls of others simply by looking into their eyes. It protects against negativity from both the physical world and the spirit world. It protects the house and all within it. It repels the negativity of others and even those who think about doing negative to the environment are made to feel uneasy. Should negativity be projected, it repels it and returns it to the source.

Exercise

- You will need nine basil plants. Nine is the number for the dragon and helps keep the power of it strong and balanced.
- Plant the basil in nine areas surrounding your house, yard or property. If you do not have a yard, place nine individual basil plants in their containers around your room and house.
- Focus on the power of the dragon. As you place the plants, focus on the dragon energy opening up and nine dragons encircling your environment to protect you and everything in it.
- Tend to the plants. As you tend to the plants know that you keep the dragon energy strong around you. As the plants mature, you dry some of the leaves and burn them as an incense as a thank you for the dragon and to open up to its magic more strongly.
- Know that you are encircled and embraced with the protective energy of the dragon. When you do your spirit work, always take a moment to visualize your sacred space in the protective circle of the dragon

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